



Item: 19596
Quantity: 180 Capsules
Retail:

Power Burn™

CALORIE-BURNING FORMULA



- ▶ Naturally supports your body's ability to burn calories*
- ▶ Boosts your energy levels*

P Product Information

Burning calories is a fundamental part of losing weight. As we age, our metabolism slows, and increased weight and decreased energy are often the result. An integral part of Unicity's Cleanse Burn Build® approach to healthy weight management, Power Burn is a potent blend of natural ingredients that enhance your body's natural calorie-burning process and boost your energy.*

Power up your body's natural calorie-burning processes with Power Burn, a unique blend of Brazilian yerba maté combined with black tea, guarana, and chromium for calorie-burning power. And for good measure, Power Burn's patent-pending formula includes our proprietary blend of cocoa and almond extracts. Working with other Cleanse Burn Build products, Power Burn is the key to weight management. Take Power Burn as directed to boost your energy and promote thermogenesis throughout the day. Fueling your metabolism has an impact on your weight management efforts. Add consistent exercise and a healthy diet to your program, and you'll be amazed at the difference.*

F Features and Benefits

- ▶ The Power Burn Blend includes yerba maté, black tea, and guarana. These ingredients induce thermogenesis and increase your metabolism.*
- ▶ The Burn Enhancer Blend is a combination of licorice, ginger, cayenne, and cacao-almond extract that stimulates internal body systems to produce heat, which helps the body burn more calories. In addition, the cacao-almond extract helps suppress cravings.*
- ▶ The Activator Blend includes quercetin, kelp, dill, ascorbic acid, and black pepper to enhance the efficacy of the herbs in the two primary blends.*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. This product may contribute to weight loss when used in conjunction with a healthy diet and exercise program.

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? Frequently Asked Questions

Q: Can Power Burn be given to children or teens?

A: No. Power Burn is not recommended for anyone under the age of 18.

Q: Can pregnant or lactating women consume the Power Burn capsules?

A: This product is not recommended for pregnant or lactating women.

Q: Can I take Power Burn capsules with dinner?

A: Because Power Burn contains some natural stimulants, taking the capsules later in the day may affect sleep. Taking Power Burn with breakfast and lunch is recommended.

Q: How important is it to include dieting and exercise in my weight loss plan?

A: We recommend that all weight-loss efforts include a healthy diet and exercise program.

S Science

To achieve successful weight control, you must correct the balance between the amount of fat and calories consumed in the diet and the amount of fat and calories burned in your body's metabolic processes.

Fat is stored in the body as triglycerides. These units are composed of three molecules of fatty acids attached to a glycerol molecule. Triglycerides are stored in cells called adipocytes that are grouped together to form adipose tissue, more commonly known as body fat. In a process called lipolysis, triglycerides are broken down to their constituent fatty acids and glycerol so the body can use them as energy.

You can enhance weight management by increasing your metabolism to achieve greater thermogenesis, the body's natural process of using more energy and burning more fat. You can actually burn more fat by increasing your body's heat production through thermogenesis. This raising of your body's core temperature occurs naturally, especially after a meal, and can be enhanced with herbs and nutrients.

R References

Anderson RA. Effects of chromium on body composition and weight loss. *Nutr Rev* 1998;56:266-70.

Andersen T and Fogh J. Weight loss and delayed gastric emptying following a South American herbal preparation in overweight patients. *J Hum Nutr Diet* 2001;14:243-50.

Filip R, et al. Phenolic compounds in seven South American Ilex species. *Fitoterapia* 2001;72:774-78.

Martinet A. Thermogenic effects of commercially available plant preparations aimed at treating human obesity. *Phytomedicine* 1999;6:231-38.

Yang M, et al. Green, oolong, and black tea extracts modulate lipid metabolism in hyperlipidemia rats red high-sucrose diet. *J Nutr Biochem* 2001;12:14-20.



For more information, contact your local Unicity Associate.

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