

Digestive Health

Health System



Dietary Supplements

LiFiber®



Promotes Intestinal Cleansing and Overall Health*

LiFiber®

Supplement Facts

Serving Size 10 g
Servings Per Container about 45††

Amount Per Serving	% Daily Value
Proprietary blend 6.75 g	
Psyllium Husk	†
Guar Gum	†
Hibiscus Flowers	†
Grapefruit Pectin	†
Stevia Leaf	†
Licorice Root	†
Alfalfa Whole Plant	†
Aloe Vera Herb	†
Black Walnut Hulls	†
Buchu Leaf	†
Burdock Root	†
Cayenne Fruit	†
Chickweed Leaf	†
Cinnamon Bark	†
Clove Seed	†
Corn Silk	†
Dandelion Root	†
Echinacea Root	†
False Unicorn Root	†
Fenugreek Seed	†
Garlic Bulb	†
Ginger Root	†
Marshmallow Root	†
Papaya Fruit	†
Peppermint Leaf	†
Pumpkin Seed	†
Red Raspberry Leaf	†
Rhubarb Root	†
Slippery Elm Bark	†
Uva Ursi Leaf	†
Yucca Root	†

† Daily Value not established

Other Ingredients: Fructose, fructooligosaccharide, natural orange flavor and natural banana flavor

††Individual serving size based on weight (10g) not volume. You may not get exactly 45 servings per container due to innaccurate volume measurements, storage conditions, or settling of powder.

Recommended Use: Add 1 level tablespoon of LiFiber to 8-10 fl. oz. of water, juice or beverage of your choice. Mix and drink immediately.

Taking this product without enough liquid can result in choking. do not take if you have difficulty swallowing.

Do not use if safety seal is not intact.
Keep out of the reach of children.
Store container tightly closed.
Store in a cool, dry place.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

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